

Year 6 Weekly Homework Week Beginning 13.6.2022

Rights Respecting Articles: *Article 3 -The best interests of the child must be a top priority in all decisions and actions that affect children*
Global Goal 4- Good Health & Wellbeing

MATHS

Times Tables 1-12 DC
<https://www.timestables.co.uk/> [Maths Games](#)
<https://mrnussbaum.com/speed-math-online-game>

Calculation problems – 1-5
<https://classroom.thenational.academy/units/calculation-problems-84d5>

Amena's set Maths (lessons 11-15)
<https://classroom.thenational.academy/units/working-with-fractions-8685>

LITERACY

Spellings
observant expectant hesitant tolerant triumphant dominant
contestant defiant decongestant relevant

Literacy Lessons (Non Fiction 1-5)
<https://classroom.thenational.academy/units/important-scientists-biographical-writing-f64b>

Amena's Set LITERACY

Lessons 11-15
<https://classroom.thenational.academy/units/whale-rider-narrative-writing-3178>

Reading
<https://classroom.thenational.academy/units/a-career-in-computer-games-by-anthony-horowitz-57cd>

Amena's set:
<https://classroom.thenational.academy/units/rushing-rivers-by-kingfisher-ea96>

Science

LI: What is static electricity?
<https://classroom.thenational.academy/lessons/what-is-static-electricity-74tk2t>

History

LI: The History of Tragedy
https://classroom.thenational.academy/lessons/the-history-of-tragedy-crv3er?step=2&activity=exit_quiz

Performing Arts

<https://classroom.thenational.academy/units/dipping-into-shakespeare-da5e>

Dipping into Shakespeare - Lesson 1

Music

<https://towerhamlets.box.com/s/0g0w7v3n1xmx7uulbcutckif6ghxolzi>

RE

LI: to compare

Research the charities Sewa UK, Christian Aid and Islamic Relief and create a poster that celebrates the similarities between these charities.

PSHE

LI: To be aware of my own self-image and how my body image fits into that

-



Why do you think people spend so much time and money on how they look?

Are there more helpful and productive ways we can 'measure' ourselves than just appearance?

Does having the latest fashion, hairstyle, 'look' make us happy in the end?

What 'pressures' do we face to look 'cool' fashionable all the time?

We need to make choices on how we spend our time and money.

There is an importance of money and time spent for personal hygiene reasons, but we also have a choice on how much extra time and effort we put into how we look, and thinking about how we look, once we have ensured that we are clean and tidy.

If we constantly compare and criticise ourselves, especially about how we look, this can damage our self esteem.

Imagine this 'negative self-talk' as 'an invisible monster' sitting on a person's shoulder and whispering negative ideas into their ear.

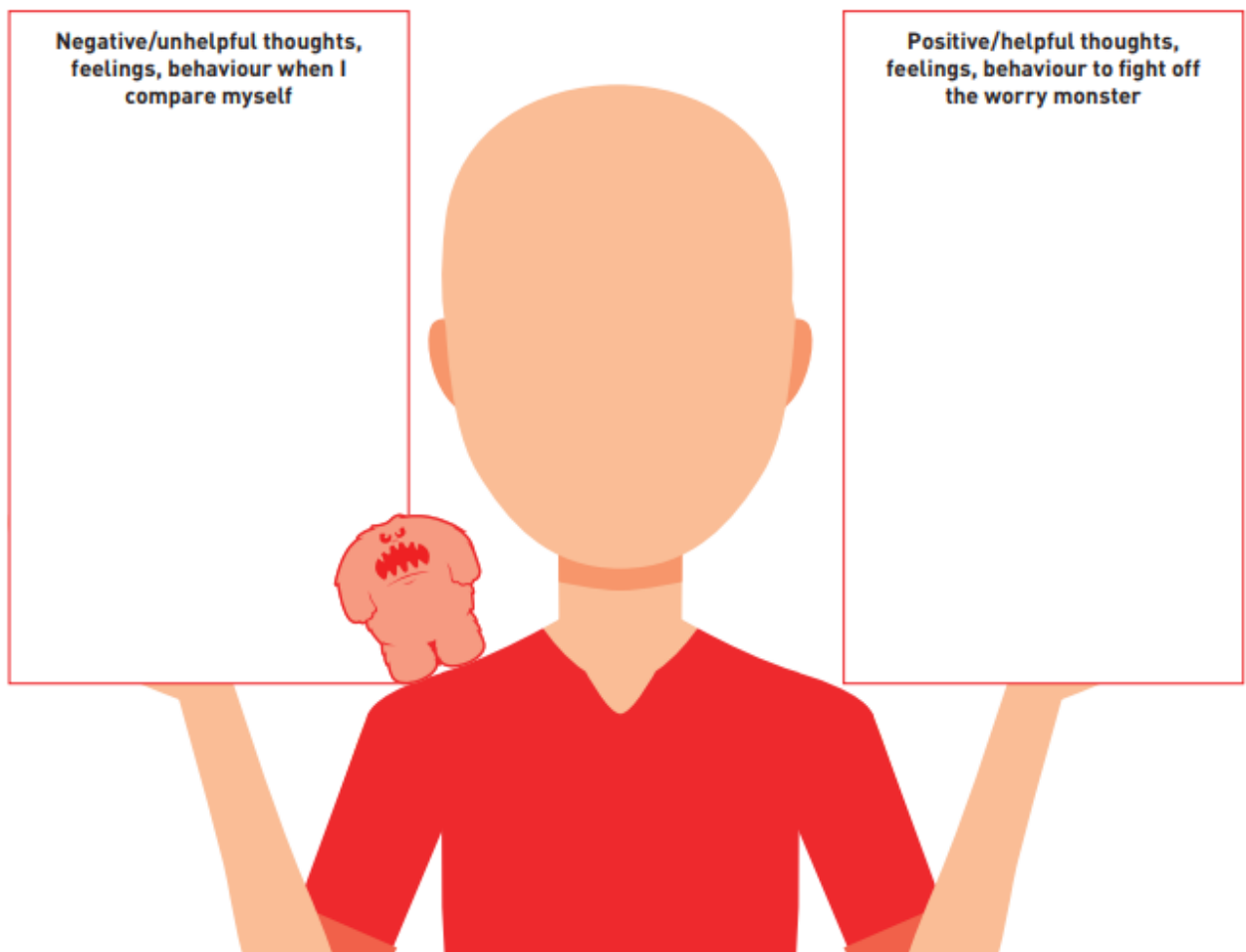
We can fight off this monster by focussing on positive thoughts, feelings and behaviours. Imagine the positive ideas as 'an invisible animal' of your choosing.

Example first. e.g. Negative: 'I am too tall for my age.'

What could be the positives?

Positive ideas: 'My Mum is tall and she is happy about it: Others will catch up with me, I'm just growing faster than they are: I am a kind person, that's more important: I'll talk to my Mum about the way I'm feeling.'

Complete the resource sheet - 'positive ideas' that can fight off the negative ones.



If we practise, this process becomes easier. We can try to remember what our 'animals' would say when we hear ourselves being self-critical in the future. This can boost our self-esteem and help us to stay happy and healthy.

PE - Joe Wicks Fitness

<https://www.youtube.com/watch?v=vzA8wMx-gew>

<https://www.youtube.com/watch?v=E5cmJpSFZB8>