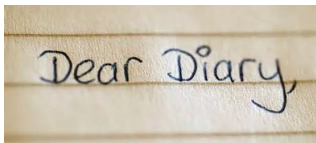

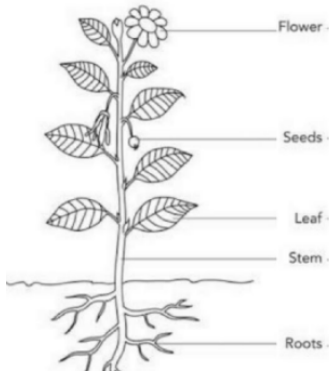




Year 1 Half Term Screen Free Homework Activities

Summer 1 Half-term.

Please select from the activities below to complete during the summer **half term break**.

This homework project is for the whole family to get involved with and we would encourage children to get help completing any of the activities.

<p>Keep a diary for each day of the holiday. Write down the things that you have done at the end of each day. Remember to use time conjunctions and write in the past tense, using I, we and our.</p> <p>Remember to use time conjunctions; first, next, then, after that, finally.</p> 	<p>Complete 10 mins of exercise each day eg. running on the spot, star jumps, bunny hops, hopping, skipping, or riding a bike or scooter.</p> <p>You could also play your favourite game with your friends and family. Then, write some instructions to explain how to play.</p> 	<p>Draw and label a plant in your house or garden or local area.</p> <ul style="list-style-type: none"> . roots . stem . leaves . petals <p>Expert question: What is pollen? What does it do? Where will you find it on a flower?</p> 	<p>Use your favourite fruit and vegetables to make a delicious smoothie.</p> <p>Remember to write the recipe so that you can share it with all of us!</p> 
<p>Design your own superhero. What will their superpower be? What will their costume be like? What symbol might they have on their clothes?</p> <p>Can you draw and write a short comic strip about what your superhero may get up to?</p>	<p>Get outside and be active! Go for a walk and count how many steps you take. Do an activity every day that makes your heart beat faster and makes you feel out of breath.</p> 	<p>Investigate the materials used in the clothes that you wear. Make a list of them and describe their properties.</p> <ul style="list-style-type: none"> . fabric . material . soft . flexible . waterproof . shiny 	<p>Create your own board game!</p> <p>Think of the rules you need to play the game.</p> <p>Write a list of instructions so that your friends can learn how to play too.</p>