



Reach For The Stars

# Online Safety

**Keeping young people safe on the Internet**

# The Internet is great!



The Internet is an amazing place, full of information and tools

- Information for homework and research
- E-mail
- Photos and images
- Shared videos and music
- Ways of communicating with friends and family – video calling
- Games and puzzles and entertainment
- Online shopping, travel booking and
- Up to date news and opinion



# Logo Quiz



Facebook



Messenger



WhatsApp



Twitter



Instagram



You Tube



Kik



Omegle



Snapchat



Twitch



Tik Tok



Facecast



Steam



Roblox



Miniclip



Fortnite



Minecraft



Popjam

# What do young people do online?



Children enjoy many different activities online...

- **Watching**
- **Talking**
- **Playing**
- **Reading**
- **Creating**
- **Sharing**



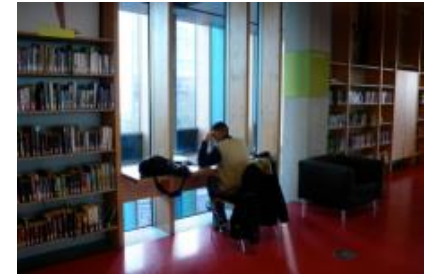


# Where do young people go online?



Children have access to the Internet in many places, often with no adults present...

- Computers and laptops in their bedroom
- At their friends houses
- At school during lessons
- At an after-school club
- At the library or IDEAS Store
- At the shopping centre
- At a youth centre or sports centre
- At a cyber-cafe



# How do young people go online?



Young people have access to the Internet on many different devices and technology

- Computers and laptops
- Mobile phones and smart phones
- iPads and tablets
- Some TVs and DVD players
- Game Consoles – Wii, PlayStation,
- Hand-Held game devices - Nintendo



# What are the dangers?

**There are some dangers when using the Internet...**



- Strangers getting access to your personal information
- Finding false, biased or inaccurate information
- Downloading a computer virus
- Signing up to expensive contracts or scams
- Seeing unsuitable material and images
- Talking to strangers
- Arranging to meet people you don't know
- Being bullied online – cyber-bullying
- Strangers finding your location

# Smart Mobile Phones

Many young people have smart phones that can connect to the Internet

- Smart phones have built-in cameras
- This allows young people to take a **photograph** or video clip **anywhere** and upload it **instantly** to the Internet
- Most phone contracts now have huge or unlimited text allowances
- Texting can sometimes lead to **cyber-bullying** which should be reported





# Messaging and Social Networking



**Most messaging apps now have built in social networking tools.  
Some of the potential dangers for young people include:**

- You can sometimes share your **location**, and see people nearby – this might allow strangers to know exactly where you are
- Apps that combine imaging and social networking (eg Instagram) encourage you to post images from your home, school and other places that should remain private
- Most social networking apps have age restrictions, but **don't check – young people can be meeting others of any age**



## How to Share Your Location with Friends

In Google Maps!



Most social networking sites have **privacy controls** to allow you to control who can see what you post and share

These privacy controls are often complicated and need to be gone through carefully, step by step with your children

# Location

## How to Share Your Location with Friends

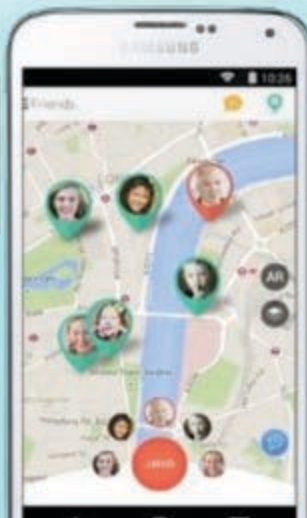


In Google Maps!

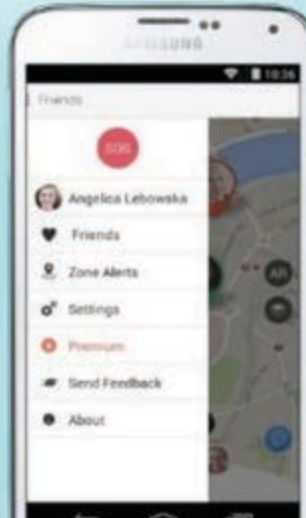


## Find My Friends & Buddies

Locate your friends  
in real time



Share **free** messages  
with your friends



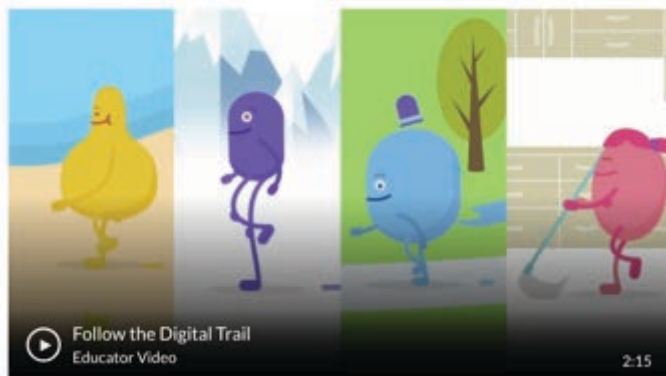
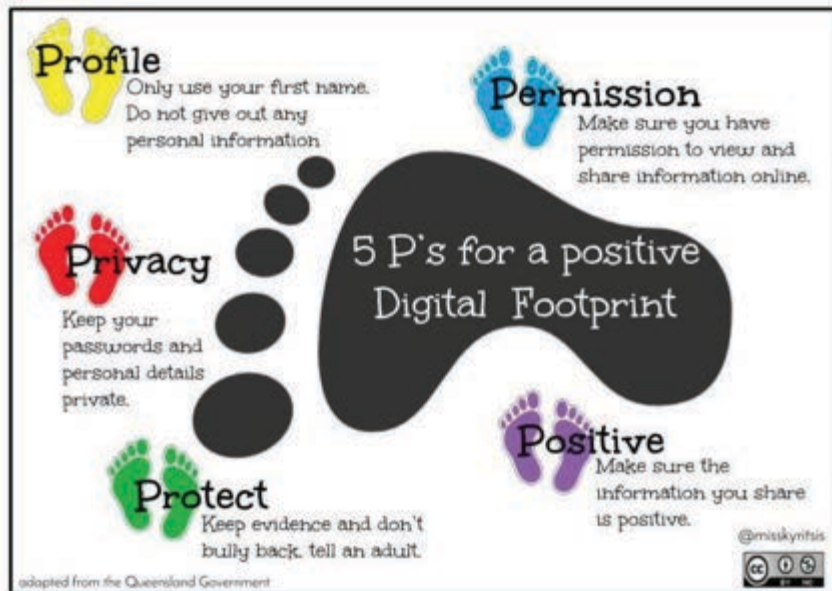
Meet your  
friends easily



Let friends follow your  
location on the map



# Digital Footprint



## 10 THINGS TO KNOW ABOUT DIGITAL FOOTPRINTS

- 1 When you search and interact online, a **trail of info** is left behind.
- 2 Elements of your digital footprints can be **searched or shared**.
- 3 Digital footprints can be **helpful or harmful** to your reputation both now and in the future.
- 4 Once online, things can exist **forever** (even if deleted).
- 5 Always **think** before you post online.
- 6 Personal information or opinions sent to one person can be **shared** with a larger audience.
- 7 **Googling yourself** can be a worthwhile exercise.
- 8 Old or inactive accounts should be **disabled or deleted**.
- 9 Keep personal details private and control the **privacy settings** on your accounts.
- 10 Be mindful of the digital footprints of **others** (e.g. Ask before tagging photos).



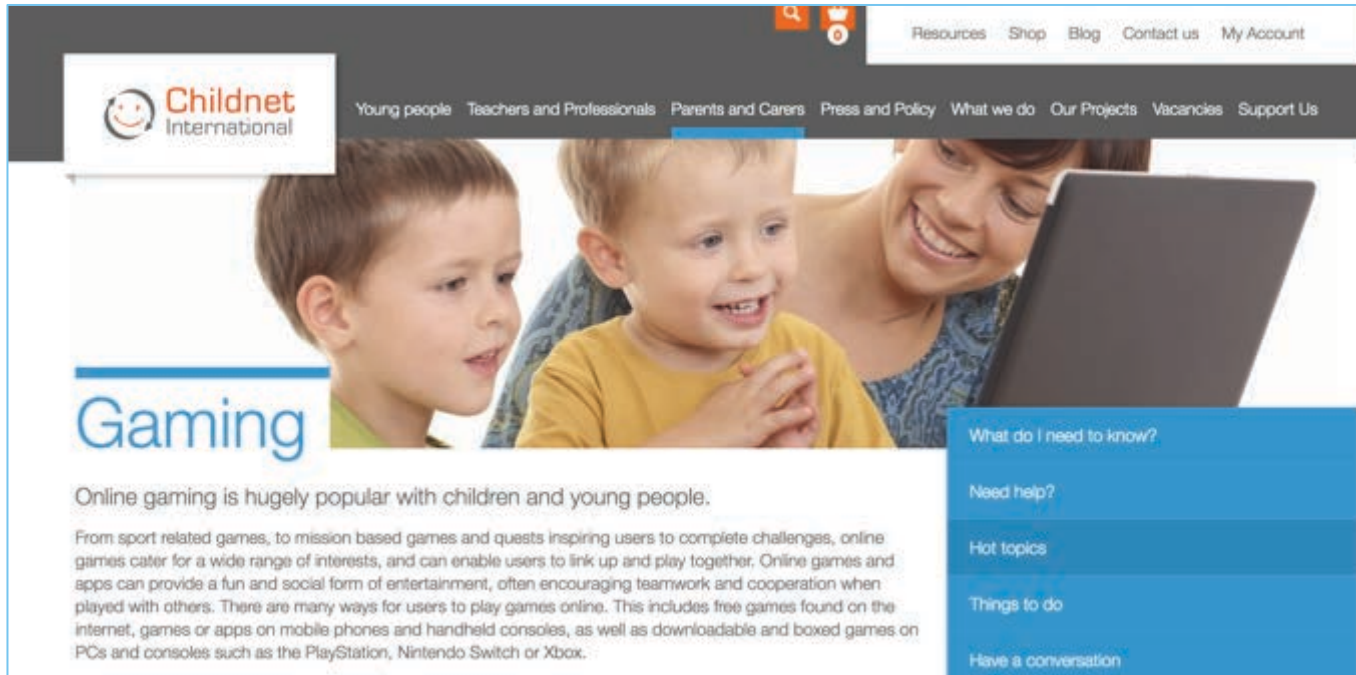
# Online Games

**Many game consoles and hand held devices can connect to the Internet**

- Players can **play together** and compete online
- Players are often playing with **complete strangers in different countries** so need to be careful about sharing personal information
- Consider using **speakers rather than headphones** for your child so you can hear the conversations they are having with other game players
- Young people can spend a lot of time playing computer games – time needs to be **organised and managed** – you can say **NO!**



# Getting Help with Online Games



The screenshot shows the Childnet International website. At the top, there is a navigation bar with links: Resources, Shop, Blog, Contact us, and My Account. Below this is a secondary navigation bar with links: Young people, Teachers and Professionals, Parents and Carers, Press and Policy, What we do, Our Projects, Vacancies, and Support Us. The main header features the Childnet International logo and a large image of a woman smiling while two young boys look at a laptop. Below the image, the word "Gaming" is written in a large, blue, sans-serif font. Underneath "Gaming", there is a paragraph of text: "Online gaming is hugely popular with children and young people. From sport related games, to mission based games and quests inspiring users to complete challenges, online games cater for a wide range of interests, and can enable users to link up and play together. Online games and apps can provide a fun and social form of entertainment, often encouraging teamwork and cooperation when played with others. There are many ways for users to play games online. This includes free games found on the internet, games or apps on mobile phones and handheld consoles, as well as downloadable and boxed games on PCs and consoles such as the PlayStation, Nintendo Switch or Xbox." To the right of the text, there is a blue sidebar with a list of links: "What do I need to know?", "Need help?", "Hot topics", "Things to do", and "Have a conversation".

Childnet International

Resources Shop Blog Contact us My Account

Young people Teachers and Professionals Parents and Carers Press and Policy What we do Our Projects Vacancies Support Us

## Gaming

Online gaming is hugely popular with children and young people.

From sport related games, to mission based games and quests inspiring users to complete challenges, online games cater for a wide range of interests, and can enable users to link up and play together. Online games and apps can provide a fun and social form of entertainment, often encouraging teamwork and cooperation when played with others. There are many ways for users to play games online. This includes free games found on the internet, games or apps on mobile phones and handheld consoles, as well as downloadable and boxed games on PCs and consoles such as the PlayStation, Nintendo Switch or Xbox.

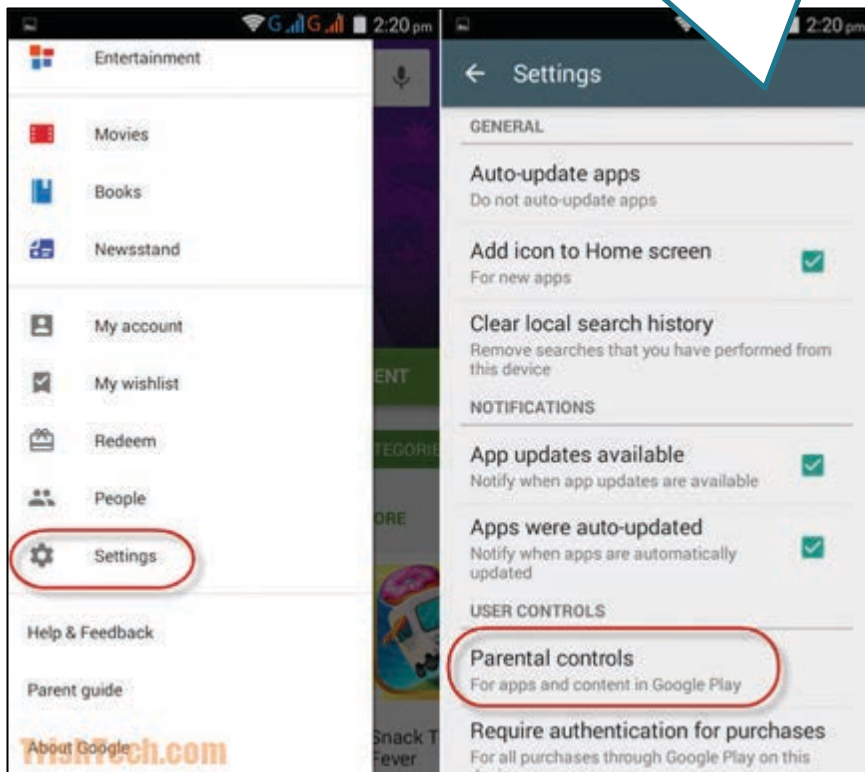
- What do I need to know?
- Need help?
- Hot topics
- Things to do
- Have a conversation





# Age Limits and Parental Control

You can set age limits for downloaded apps and media, or restrict access to downloads completely



# Cyber-Bullying

“Cyber bullying (also called 'online bullying') is when a person or a group of people uses the internet, email, online games or any other kind of digital technology to threaten, tease, upset or humiliate someone else.”

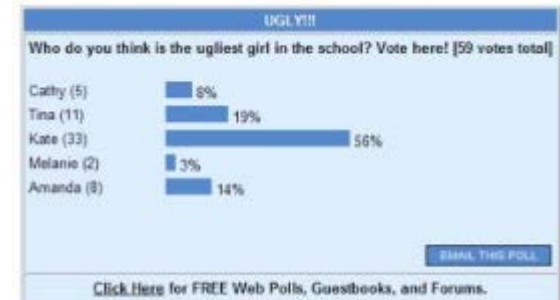
*Childline website*



# What does cyber-bullying look like?

## Problems include:

- abusive comments
- rumours and gossip
- voting and polls
- nasty pictures
- threats
- blackmail
- stolen identity



**Cyberbullying is using technology devices such as a mobile phone or a social media or private website to deliberately target someone.**

**Facebook**

Hali Carlie wrote on your timeline: You are so worthless why do you even have a Facebook!

Hey everyone check out this picture I took of Chris when he wasn't looking... He's so pathetic



# Strategies for children and families



It is important that children feel able to talk about cyber-bullying with parents, family members and staff at school. It is vital that their concerns are investigated and that they feel they are being listened to.

- **STOP**

**Don't do anything. Take a few minutes to calm down.**

- **BLOCK**

**Block the cyber-bully or limit all communications to those on your buddy list.**

- **TELL**

**Tell a trusted adult, you don't have to face this alone.**

**If parents think that a child in their family is being bullied, online or in person, then they should discuss it with the school as soon as possible.**



# Children who are involved in cyber-bullying...



## **Being part of bullying someone**

Sometimes children are part of cyberbullying without realising. There can be a lot of pressure from other children to “join in” and it is difficult to stop once you are part of it.

**Children should be encouraged to share what they are doing online, how they feel about it, and what their friends are doing.**

**A ‘no blame’ approach to discussions might be useful to support children to tell an adult if they know that someone is being bullied online.**



# Cyber Bullying resources



**ChildLine**  
0800 1111

Play | Explore | Talk | Your teacher

Cyberbullying (online bullying)

Cyberbullying is when someone uses technology, such as the internet or a mobile device to bully others.

Getting help with cyberbullying

Remember to tell someone you trust about cyberbullying. You can tell your teacher, a friend, or a family member. You can also tell ChildLine about it. They will help you.

THREE THINGS TO REMEMBER

- 1. Tell someone you trust about cyberbullying.
- 2. Don't respond to cyberbullying messages.
- 3. Block the person who is bullying you.



**Children's Information**

Cyberbullying

Cyberbullying is when someone uses technology, such as the internet or a mobile device to bully others.

Tips to help with cyberbullying

1. Don't keep anyone else's secrets. If you see someone else's secret, don't tell anyone else.
2. Don't respond to cyberbullying messages. If you see someone else's secret, don't tell anyone else.
3. Don't respond to cyberbullying messages. If you see someone else's secret, don't tell anyone else.
4. Don't respond to cyberbullying messages. If you see someone else's secret, don't tell anyone else.

Watch:

Let's Fight It Together



**CHATDANGER**

BULLYING

Remember you know it's wrong to bully. It's wrong to bully someone else. It's wrong to bully someone else. It's wrong to bully someone else.

What advice would you give to this person?

1. Don't respond to cyberbullying messages.
2. Don't respond to cyberbullying messages.
3. Don't respond to cyberbullying messages.
4. Don't respond to cyberbullying messages.

Let's Fight It Together



**Know IT All**  
for parents

KNOW IT ALL FOR PARENTS  
CYBERBULLYING

Know IT All for parents

Know IT All for parents



**THINK U KNOW**

CYBER BULLYING

Cyber bullying is the name that is used when people use the internet to send nasty and upsetting messages to others.

It can also be done by people using mobile phones, by sending messages and making nasty phone calls.

1. The number one rule to remember if someone is being nasty to you is this: **DO NOT RESPOND**. If you respond, they will think you are giving them what they want.
2. The second rule is to **SAVE ALL NASTY MESSAGES AND EMAILS**. You will need to tell them, but save them as a record so you can show an adult if you need to.
3. The third rule is to **TELL A TRUSTED ADULT**. If you tell someone about what's happening, they will be able to help and maybe stop it.
4. If you need you can talk to someone you trust, call ChildLine in confidence on 0800 1111.



**NSPCC**

Bullying and cyberbullying  
Keeping children safe

Tips for parents and carers to help children deal with bullying and cyberbullying

There are many different ways to deal with bullying and cyberbullying. It's important to talk to your child about what's happening and how they feel about it. You can help them to deal with it by talking to them about what's happening and how they feel about it.



**digizen**

digizen

digizen

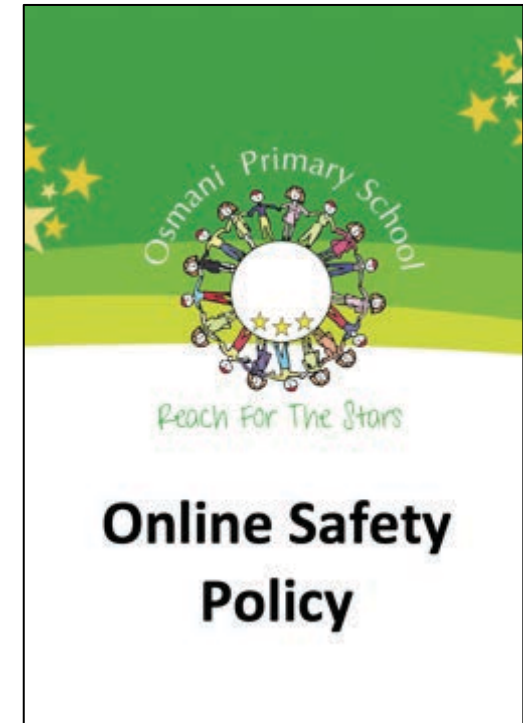
digizen

# Keeping Safe online at school



Your children's school keeps children safe online by:

- Having an **internet filter** to stop children seeing unsuitable material
- Only allowing access to the Internet when supervised by an adult
- Teaching children how to use the Internet safely using the **Kidsmart SMART rules** and resources
- Asking children to sign an **agreement form** saying they will follow the e-Safety rules
- Having web links for parents and children on the school website
- Having an **Online Safety policy** for all staff and pupils



## S SAFE

Keep safe by being careful not to give out personal information when you're chatting or posting online. Personal information includes your email address, phone number and password.

## M MEETING

Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present. Remember online friends are still strangers even if you have been talking to them for a long time.

## A ACCEPTING

Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

## R RELIABLE

Someone online might lie about who they are and information on the internet may not be true. Always check information with other websites, books or someone who knows. If you like chatting online it's best to only chat to your real world friends and family

## T TELL

Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

# Kidsmart

<http://www.kidsmart.org.uk>





# Keeping safe online at home

## You can help keep your family safe online by:

- Finding out what your children do online – and sharing it with them
- Going online together – ask them to teach you
- Making sure internet access is in a shared family room – not a bedroom
- Learning about the Internet, computers, email, online shopping etc
- Setting time limits for being on a computer, game console or mobile phone
- Being clear about your family rules about using the Internet
- Reminding children not to share personal information on the Internet
- Listening to your children if they want to share their experiences or problems
- Taking **cyber-bullying seriously** and supporting your children

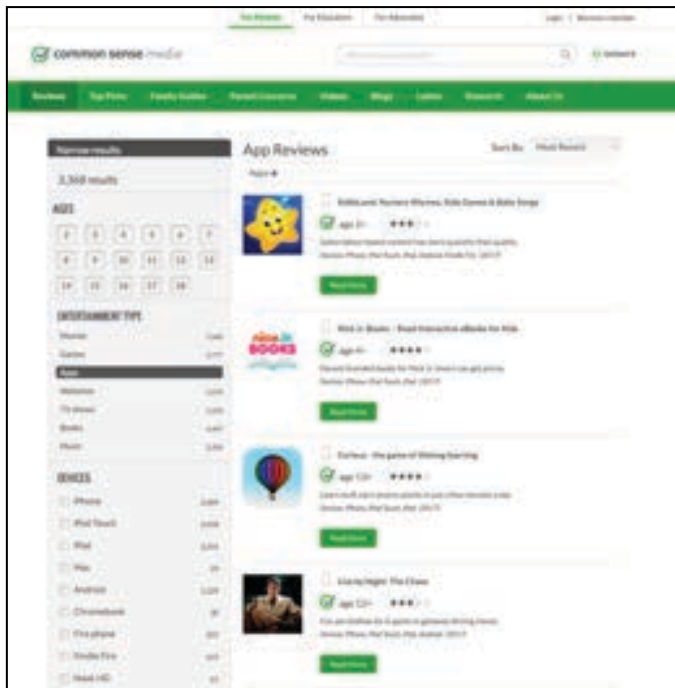


# What apps are they using?



Young people use many different apps, social networks and online games, and it can be hard to keep up!

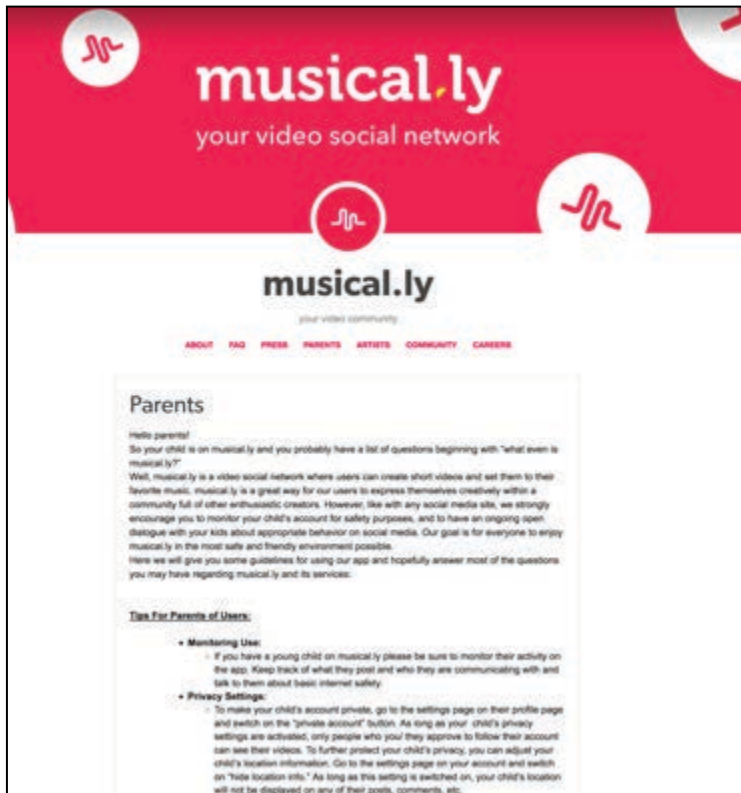
There are several websites that help parents to find out about different apps. You can search by device, or the name of the app, and get information and guidance about potential dangers, issues and how the app works.





# Find out more...

Visit the website of the app your child is using and look for parental guidance, information and support sections



# Safe places for children online

There are a range of places that young people can explore social networks, online games and other activities more safely. They are often moderated or 'watched' by adults to make sure everyone keeps to the rules.

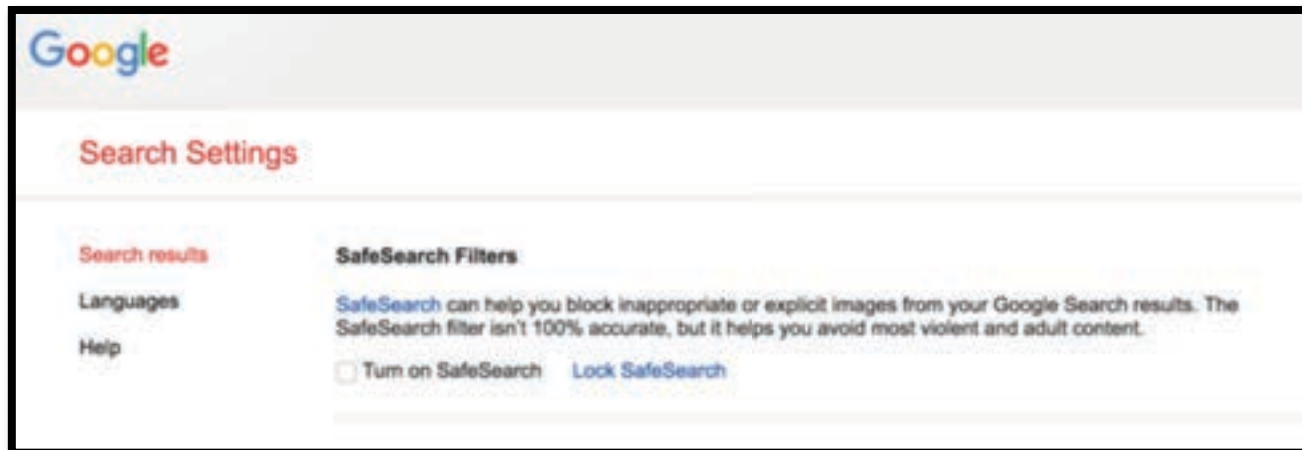
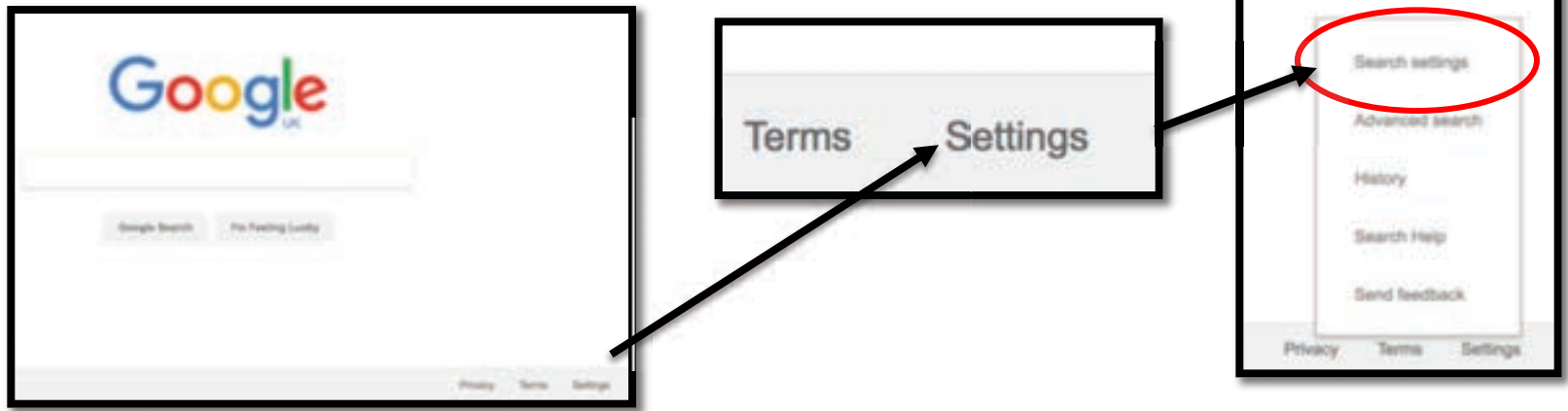
Remember though – young people must still avoid sharing personal information and meeting people they don't know.



# Safe Searching

**You can make Google safer by using the Safe Search settings.**

Setting this up will help to reduce the number of adult and inappropriate websites that come up in a Google search



# Parental controls from your Internet Provider



## How to use TalkTalk HomeSafe®

HomeSafe® is quick and easy to set up. There's no software to install, and it doesn't slow your computers or devices down. Best of all, it's free, as part of your TalkTalk service.

For instructions on how to use TalkTalk HomeSafe® please click through the below tabs for more information. If you would like to read more about HomeSafe®, take a look at our [HomeSafe® overview](#) for more information.

Internet matters.org

**Keeping your children safe online matters!**

43% of children aged 12-15 own their own tablet. That's why we support Internet Matters.org for all the advice and resource you need to protect your children online.

[Find out more](#)

[Kids Safe](#)
[Homework Time](#)
[Virus Alerts](#)
[Switching on or off?](#)

Kids Safe is part of our free HomeSafe® package designed to protect children online. We've made this feature easy to control via [My Account](#) so you can adjust it to your family's needs.

## Award-winning security

Virgin Media broadband and more – whatever you love to do online, award-winning security experts F-Secure have the tools to help you do it in confidence, both at home and on the go.

### Defend against viruses

With F-Secure SAFE installed on your devices, you get anti-virus protection against malware and phishing scams that try to harm them and steal personal information.

### Stop forgetting passwords

F-Secure KEY stores all of your important credentials in one secure and simple-to-use password manager, so you can bank, buy and browse with a minimum of fuss.

### Network protection

F-Secure's advanced network checker keeps you away from unsafe websites by checking the safety of any network you connect to, whether you're at home or using a WiFi hotspot.

### Parental controls

F-Secure SAFE lets you block access to inappropriate websites and set limits on your kids' screen time. You can even locate, lock and wipe mobile devices from your account.

Virgin Media broadband customers get **F-Secure SAFE and KEY** included at no extra cost for 12 months (normal RRP is £79.99 a year, with no automatic sign up).

## BT Parental Controls

Account number: 0800557543

### Your settings

Parental Controls ☐ OFF

All BT Parental Controls filters and blocks are currently off. Turn the switch on above to restore your previous settings.

[Delete BT Parental Controls](#)

BT Parental Controls are currently off. To change to your previously applied settings please Turn On... [Turn ON BT Parental Controls](#)

## CONTENT LOCK AND ORANGE SAFEGUARD

EE ☒ Orange ☐ T-Mobile

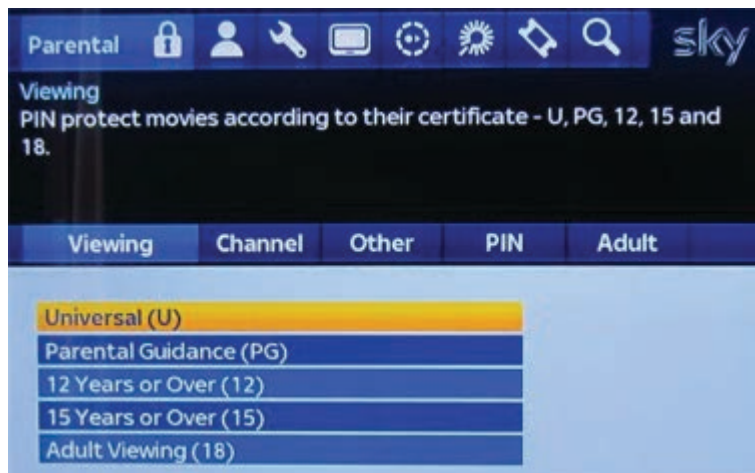
Content Lock on EE helps to keep you and your children safe online by blocking 18-rated content.

We have three settings - **Strict**, **Moderate** and **Off** so you can choose exactly what level of security you'd like.

**Please note:** All new and existing accounts with Content Lock enabled have the "Moderate" setting applied by default. Content Lock is only activated when you're using our network - not when you're using WiFi.




# Locking your smart TV






# Getting Help



Childnet International

[Resources](#) [Shop](#) [Blog](#) [Contact us](#) [My Account](#)

[Young people](#) [Teachers and Professionals](#) [Parents and Carers](#) [Press and Policy](#) [What we do](#) [Our Projects](#) [Vacancies](#) [Support Us](#)




## Parents and Carers

Welcome parents and carers! In this section you will find all the information you need to keep your child safe online.

Whether you're puzzled by parental controls or would like to know more about gaming, this section can help. We all know that it can sometimes be challenging to keep up to speed with what children and young people are doing online. Luckily on this site you'll find a whole host of useful ways to keep your child safe.

### Essential advice:



Parents: Supporting Young People Online (Leaflets)

[What do I need to know?](#)

[Need help?](#)

[Hot topics](#)

[Things to do](#)

[Have a conversation](#)

### Hot topics...

[Parental controls](#)  
[Gaming](#)

# Your guide to the social networks your kids use

Stay up to date and keep your child safe in today's digital world



2 May 2018

**Fortnite: all you need to know**

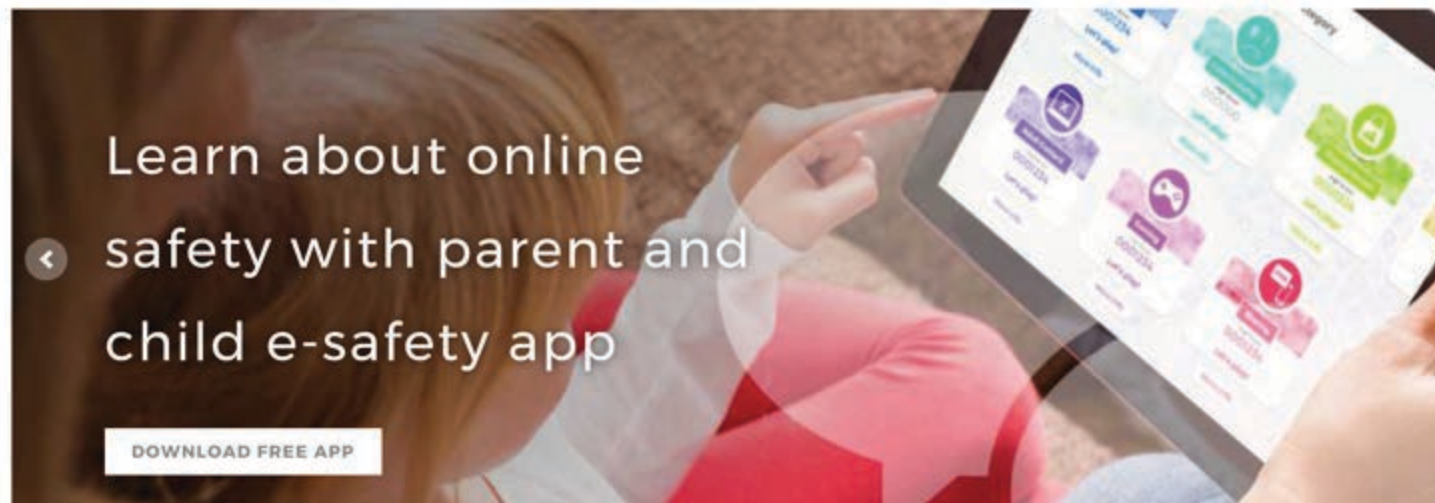
Sign up to our newsletter to hear about new social networks, apps and games

Sign up now

## Most Popular



Helping parents keep their children safe online



## What age specific advice is available for my child?

Whatever their age, we can help you to find out more about what your children might be doing online and give you some simple, practical and easy advice on the steps you can take as a parent to keep them as safe as possible.



0-5

READ THE GUIDE



6-10

READ THE GUIDE



11-13

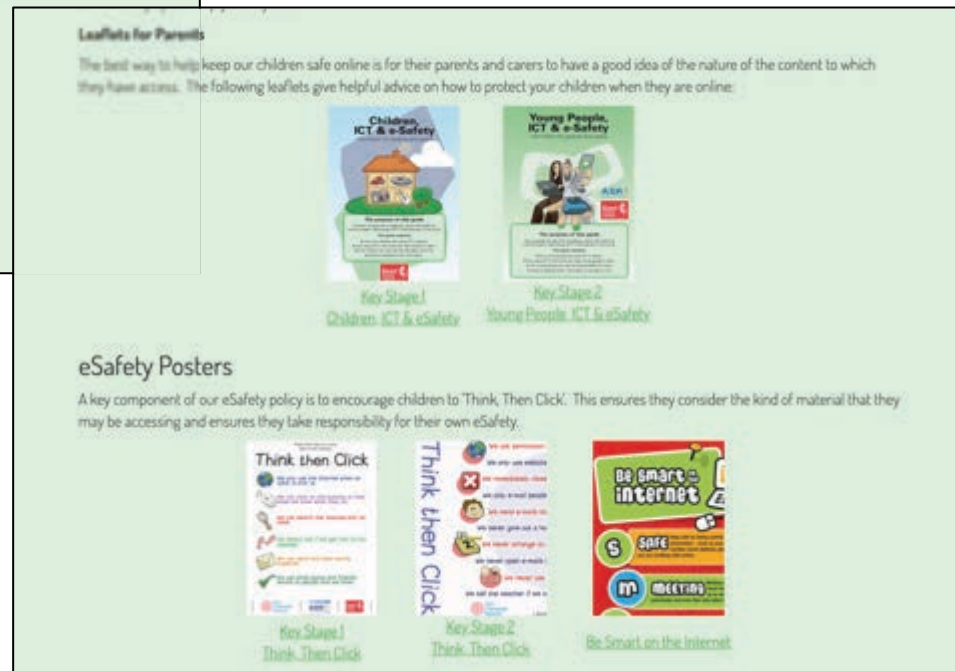
READ THE GUIDE



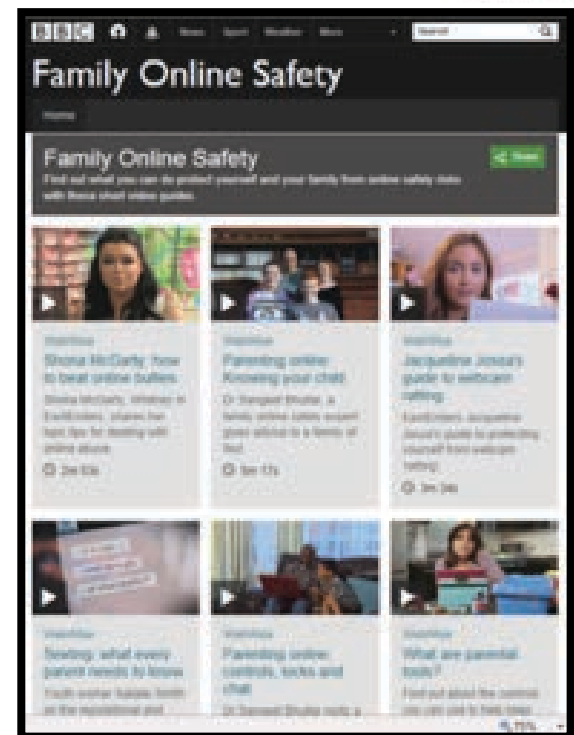
14+

READ THE GUIDE

# Useful links on the school website







# Thank you

**Marion Reilly**