

Tower Hamlets Primary School Lunchtime Menu

January 2021

Week 1	Monday 'Planet Earth Day'	Tuesday 'Street Food Day'	Wednesday 'Traditional Day'	Thursday 'World Food Day' American	Friday 'Favourites'
Main	Beef Burger in a Bun	Quorn Dippers with Sweet Chilli Sauce	Piri Piri Chicken	Homemade Mac & Cheese	Fish Fillet Fingers with Lemon Wedge
Extra Vegetarian	Falafel Burger in a Bun	N/A	Vegan Sausage Roll	N/A	Jacket Potato with Cheese & Coleslaw
Sides/Vegetables	Potato Wedges, Sweetcorn & Garden Peas	Steamed White Rice, Fresh Cauliflower Florets & Green Beans	Herby Diced Potatoes, Mixed Vegetables & Fresh Carrots	Corn on the Cob & Fresh Broccoli	Oven Chips, Peas & Baked Beans
Salads	Salad of the Day	Salad of the Day	Salad of the Day	Salad of the Day	Salad of the Day
Dessert	Fruit Platter / British Cheese and Crackers	Fruit Platter / Organic Yoghurt Selection	Fruit Platter / British Cheese and Crackers	Fruit Platter / Organic Yoghurt Selection	FRUITY FRIDAY Fresh Fruit Platter
Bread of the Day	Fresh Organic Baguette Slices	Fresh Bloomer Wholemeal & White Bread	Fresh Organic Baguette Slices	Fresh Bloomer Wholemeal & White Bread	Fresh Organic Baguette Slices

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Week 2	Monday 'Planet Earth Day'	Tuesday 'Street Food Day'	Wednesday 'Traditional Day'	Thursday 'World Food Day' Japanese	Friday 'Favourites'
Main	Homemade Pizza with Roasted Veg	Panko Chicken Strips served with Potato Wedges	Linda McCartney Veggie Meatballs with Onion Gravy	Minced Lamb Pasta Bake with Homemade Tomato & Veg Sauce	Bubble Fish Fillet Bites with Lemon Wedge
Extra Vegetarian	N/A	Jacket Potato with Baked Beans	N/A	Tagliatelle Pasta with Homemade Tomato & Veg Sauce	Linda McCartney Vegan Rosemary and Red Onion Sausages
Sides/Vegetables	Baby Carrots & Garden Peas	Corn on the Cob	Mashed Potatoes, Fresh Savoy Cabbage & Fresh Cauliflower	Fresh Broccoli & Sweetcorn	Potato Crispers, Peas & Baked Beans
Salads	Salad of the Day	Salad of the Day	Salad of the Day	Salad of the Day	Salad of the Day
Dessert	Fruit Platter / British Cheese and Crackers	Fruit Platter / Organic Yoghurt Selection	Fruit Platter / British Cheese and Crackers	Fruit Platter / Organic Yoghurt Selection	FRUITY FRIDAY Fresh Fruit Platter
Bread of the Day	Fresh Organic Baguette Slices	Fresh Bloomer Wholemeal & White Bread	Fresh Organic Baguette Slices	Fresh Bloomer Wholemeal & White Bread	Fresh Organic Baguette Slices